

# Full Reference List of Gut Health & Microbiome Clinical Studies

## Gut Health & Microbiome (27)

[Microbial Interventions to Control and Reduce Blood Pressure in Australia \(MICRoBIA\): rationale and design of a double-blinded randomised cross-over placebo controlled trial.](#)

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[Effect of Unripe Banana Flour on Gut-Derived Uremic Toxins in Individuals Undergoing Peritoneal Dialysis: A Randomized, Double-Blind, Placebo-Controlled, Crossover Trial.](#)

de Andrade LS, Sardá FAH, Pereira NBF, Teixeira RR, Rodrigues SD, de Lima JD, Dalboni MA, Aoike DT, Nakao LS, Cuppari L.

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[Nondigestible Carbohydrates Affect Metabolic Health and Gut Microbiota in Overweight Adults after Weight Loss.](#)

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J Bras Nefrol. 2020 Jul-Sep;42(3):273-279. doi: 10.1590/2175-8239-JBN-2020-0003.  
PMID: 32459282 **Free PMC article.** Clinical Trial.
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  7. [Precision Microbiome Modulation with Discrete Dietary Fiber Structures Directs Short-Chain Fatty Acid Production.](#)  
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Cell Host Microbe. 2020 Mar 11;27(3):389-404.e6. doi: 10.1016/j.chom.2020.01.006. Epub 2020 Jan 30.  
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